



THE CATHOLIC UNIVERSITY
OF EASTERN AFRICA (CUEA)
A.M.E.C.E.A

ICON



ISSUE
002
2022/2023

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Motto

Consecrate them in the truth.
(John 17:17)

Vision

To be a world-class University producing transformative leaders for Church and Society.

Mission

Our mission is to promote excellence in research, teaching and community service by preparing morally upright leaders based on the intellectual tradition of the Catholic Church.

Core Values

Witness of Life | Prayer | Truthfulness | Honesty | Excellence | Commitment | Competence



Elisha Murage | Editor
CUEA student pursuing
BA in Kiswahili and
Communication
elishamurage28@gmail.com

Editorial

It is with great pleasure that I welcome you to this 2nd edition of the *ICON Magazine*. The Magazine offers you, through the eyes and experiences of our journalists who have written the various articles, a sneak preview of our university set-up and the many academic and related services provided.

I also take this opportunity to welcome the fresh students to The Catholic University of Eastern Africa. As a student-centered university, we take keen interest in our students' welfare and purpose to provide a holistic and fulfilling experience for them. We hope that this magazine will provide the necessary information to the new members of the CUEA fraternity.

Finally, the editor applauds the Journalism Club patron, chairperson, writers, photographers and all who contributed to make this issue of the *ICON Magazine* a success. May God bless you all.

Thank you for choosing CUEA!

Chief Editor

Elisha Murage

Assistant Editor

Mr. Thedius Bwire

Design and Layout

Elisha Murage

Photography

Brian Kweyu

Mentor

Ms. Miriam Ayieko

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**Thedius Bwire | Patron,
Journalism Club**
bwirteto65@gmail.com

Patron's Desk

On behalf of Journalism and Publicity club and the Kiswahili and Communication students, I take immense pride in joining the CUEA fraternity in celebrating the rebirth of the *ICON Magazine* which was launched in 2008. The four year lull almost created a literary and communication desert at a university that annually churns to the market communication experts.

I salute you, Brian M. Kweyu, for your indefatigable character in ensuring that CUEA has a platform on which young professionals can hone publishing skills. Elisha Murage, our chief editor, and all who published with *ICON Magazine*, *asanteni sana*.

In this issue, we update on the 41st graduation, student governorship, the Cardinal Otunga Scholarship Fund and the Mr & Miss CUEA 2022 pageantry, as some key events marked in our 2022 university calendar. On entertainment, read about a brand new music album that has been released to the market by the renowned CUEA Holy Trinity Choir. On culture and environment, we report on the tree planting program spearheaded by Journalism and Publicity club members and a focus on cultural heritage of the Iteso an East African community found in Kenya and Uganda.

Don't miss out on sports and entertainment. We report on the successes of our teams after the COVID-19 break. Special mention to the rugby team-*The Monks* who sprung back with vigor to win a slot at the coveted Kenya Cup League after emerging 2nd runners up at KUSA Championships and the launch of women football. Our young professionals have also commented of different topical issues of interest.

And in tandem with CUEA's mission of consecrating her products in truth, don't miss out on spiritual food. *Jibambe*.



**THE CATHOLIC UNIVERSITY
OF EASTERN AFRICA (CUEA)**

A.M.E.C.E.A

Consecrate them in the Truth

**Master/Bachelor of
Arts in Kiswahili and
Communication**

Langata Main Campus
+254 709 691 111/admissions@cuea.edu

University Website
www.cuea.edu

cuea_official

TheCatholicUniversityOfEasternAfricaCuea



**Brian M. Kweyu | Chairperson,
Journalism Club**

**CUEA student pursuing BA in
Kiswahili and Communication
kweyubrian584@gmail.com**

Chairperson's Note

On behalf of the Journalism Club and Publicity, I would like to extend my warmest regards to all students, CUEASO leaders, staff and school sponsors. What we present to you this semester is the victorious second edition of the *ICON Magazine*. The previous edition was published in 2008. It is my humble pleasure to let you know that after we have placed reforms with the publicity office together with the Journalism Club, we will mentor new students who will be joining the university to ensure that when we leave, this publication will continue with or without us. My life slogan has always been to leave a place better than you found it. Set a legacy that will never make your name perish and to always serve the institution without expecting any reward, let the reward follow you as it was part of your destiny.

With the support of the administration, the *ICON Magazine* will always be out on time at the beginning of every semester. This magazine will serve as a way of branding CUEA out there and to the coming generations.

Dear Students, leaders and staff we can make CUEA a better place than we found it. Perhaps even more such that, if God miraculously resurrected our founders, they would be greatly surprised by the CUEA they would find. God bless you all as we work together to make CUEA a better place.

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History club at Heart of Kindness children's home.

International relations officials with Journalism Club chairperson.



CUESA debate team.

Journalism Club members pose for a photo during a tree planting session at CUEA.



CUEA Hosts the 41st Graduation Ceremony in 2022

BY BRIAN M. KWEYU

2nd year student pursuing BA in
Kiswahili and Communication
at CUEA

The Catholic University of Eastern Africa celebrated its 41st graduation ceremony on October 28, 2022. The class of 2022 celebrated their long journey since joining CUEA to pursue their studies. The ceremony was celebrated by the graduands, university board of trustees, the university chancellor, the chairman of the university council, the university vice chancellor, the deputy vice

chancellor and other important guests.

Most Rev. Anthony Muheria who is the chair of the university board of trustees, encouraged the graduands to grow themselves and embrace positive change in all that they do. Additionally, Rt. Rev. Charles Kasonde who is the university chancellor, encouraged the graduands to rethink the economic, cultural and social models in order to recover the central value of the human person. As well, Prof. Most Rev. Phillip Anyolo

encouraged graduands not to forget the values that The Catholic University of Eastern Africa has taught them. Rt. Rev. Paul Kariuki who is the chairman of the university council, also congratulated the class of 2022 and encouraged them to focus on saving the environment.

Very Rev. Prof. Stephen Mbugua Ngari who serves as the university vice chancellor, congratulated the 2022 class and encouraged them to embrace the school core values like honesty,



The Catholic University of Eastern Africa graduands during the 41st graduation ceremony.

commitment and excellence while going out. He also talked about the world opportunities where he encouraged his graduating students to take advantage of them. In addition to this, Mrs. Prof. Rachael Gesami who is the school deputy vice chancellor, was not left out in congratulating the 2022 class: "This is the day that the Lord has made, let us rejoice and be glad in it." She quoted the scripture while expressing her happiness to the 2022 class. She went ahead to pose some questions to the graduands: "What lesson should you take from this place? Whose motto is consecrate them in the truth?" She as well urged graduands to embrace human dignity in their entire lives.

Other important university leaders and guests who expressed their happiness to the 2022 class and congratulated them in words of advice were: Mr. James Theuri (Special Advisor to the Vice Chancellor), Rev. Prof. Nicholaus Segeja (Director, CUEA Eldoret campus), Rev. Fr. Michael Rop (Director, AMECEA Pastoral Institute - API), Rev. Prof. Apollinaire Chishugi (Vice Chancellor designate, Tangaza University

College), Rev. Dr. John Okoria (Principal, Hekima College), Dr. Vincent Paul Kouassi (Principal, Marist International College), Rev. Simon Njuguna (Director of Timetabling and Examination (CUEA), Dr. George Kimathi (University Registrar), Fr. Dr. Boniface Mungai (University Chaplain), Mr. Samuel Wakanywa (Dean of Students).

The class of 2022 graduated from different courses where 2,508 students graduated with PHDs, masters, degrees, diplomas and certificates. There were 36 graduands from the Faculty of Theology, 1 from Canon Law, 3 from Licentiate in Canon Law, 9 from Pastoral Institute, 25 from Justice and Ethics, 299 from the Faculty of Arts and Social Sciences, 224 from the School of Business and 54 from the School of Nursing. The total number of CUEA graduands from both campuses summed up to 1,256. In addition to this, 1,252 graduands graduated from the constituent and affiliate colleges.

In the Faculty of Theology (bachelor's degree), there was only 1 graduand who graduated with first class

honors, while a few graduated with second class upper division and the majority with second class lower division. Additionally, from Bachelor of Science in Computer Science, no student graduated with first class honors. Most of them graduated with second class upper and lower division. Other courses that did not record graduands with first class honors include: Bachelor of Economics, Bachelor of Arts (Sociology) and Bachelor of Commerce. 3 students graduated with first class honors in Bachelor of Science in Actuarial Science while a big number graduated with second class upper division. Bachelor of Education recorded the highest graduands with first class honors, where 9 graduands graduated with first class honors with English Literature producing the highest number.

What lesson should you take from this place? Whose motto is Consecrate them in the truth?

Mrs. Prof. Rachael Gesami



2022/2023 CUEASO Government

BY BRIAN M. KWEYU

2nd year student pursuing
BA in Kiswahili and Com-
munication at CUEA

On September 2022, the CUEA Electoral Commission conducted the delegate and executive elections. Students were given an opportunity to exercise their democratic right by electing their faculty representatives. Elections were conducted fairly by the commission. The delegates, executives and commissioners talked to JournalismClub@CUEA TV and expressed their confidence in the school electoral commission.

CUEASO is a student's board that helps the institution's management run the school. CUEASO office is located at Missio Hall and all students are free to access the office and interact with the executives in case they have any problems.

Henry Muchangi emerged the winner in the CUEASO elections to take office as the new chairperson with the vice chairperson seat being won by Laura Vally. In the same way, Ibrahim Koech clinched the secretary general position and Audrey secured the deputy secretary general seat while Joy Kipkemei won the publicity secretary seat. The treasurer seat was won by Moses Nyauma and Isimbi Roxanne clinched the international student representative seat.



CUEASO 2022/2023 executives after a leadership training.

During a press brief by, JournalismClub@CUEA TV, Mr. Henry Muriuki who now will head the executive, sent a strong message to the students, saying that his government is going to deliver. "We have gotten our true freedom. I will serve all students without any form of discrimination and with pure dignity. I will deliver all my manifestos as stipulated in my campaign plan and I will work with the top institution's management to fulfill them." He said this while addressing his supporters at Missio Hall.

Publicity Secretary Joy Kipkemei during the press brief said that the competition was tough but she managed to secure the position. "It was a long journey, the competition was tough but fortunately, I

defeated all my opponents to secure the publicity seat." She said.

In the delegates elections, competition was also tough in some faculties, but other aspirants lacked opposition. Kiptoo Kirwa won the chairperson seat in the School of Law, while Zeky Ogutu secured the secretary seat.

I will deliver all my manifestos as stipulated in my campaign plan and I will work with the top institution's management to fulfill them.

Mr. Henry Muriuki



In the Faculty of Education, John Mwita defeated his competitor to secure the chairperson seat while Marvel Diana won the vice chairperson seat. The School of Business also had a tough competition in the chairperson seat but Gemina Mutua defeated all his opponents to secure the seat. In the vice chairperson seat, Vincent Wetungu managed to

take up that seat without opposition.

In the Faculty of Arts and Social Sciences, Antony Ng'atuk defeated his competitor Chris Naliali who conceded defeat and resolved to work with his new chairperson in ensuring that the FASS problems are solved. Tedd Marvin won the vice chairperson seat while Mercy Khagai, secured the secretary

seat. Other delegates who won seats were Harriet Alilo, Faculty of Social Justice and Ethics; Fr. Emmanuel Malipa, Canon Law; Sr. Josephine Naju, Canon Law; and Fr. Michael Onyango in the same faculty. A week after the elections, the elected leaders are now expected to start serving the students and ensure that their mandates are achieved.

CUEA Holy Trinity Choir Launches Its Sixth Album

BY JOE ODHIAMBO, MILLICENT KEREBI, FRANK MAGETO, DORCAS CHEBET, WAMBUGU PURITY, DIANA MOSE, DAMACLIN NYARIGE, FAITH LANGAT, ELIZABETH MWIKALI & NANCY OMWENGA

2nd year students pursuing BA in Kiswahili and Communication at CUEA

The Holy Trinity Choir of The Catholic University of Eastern Africa launched their sixth album 'Consecrate them in the Truth,' on April 15, 2022, at Missio Hall, main campus, Langata.

The choir coordinates school masses and other worship events. The main aim of launching the album is to make them stand in truth and moral values as per the school motto and anthem.

The Holy Trinity Choir has successfully managed to launch six albums, 'Consecrate them in the Truth' being the sixth album. The previous album 'Nuru Yangu (God's Light)' was launched on December 17, 2020. It consists of nine songs: Twende Kwenye Karamu, Mama Mtakatifu Maria, Nuru Yangu, Ee Nafsi Yangu, Mungu Naingia, Nimetembea Nikimtafuta Bwana, Mary Queen

of CUEA, Ni Mungu tu and Neno la Mungu.

This sixth album "Consecrate them in the Truth" consists of six songs: Consecrate them in the Truth, Nitashukuru Mungu, Tumezitifakari Fadhili, Nikitazama Ulimwengu, Ee Yesu wa Ekaristi and Ee Mama Mwema. These songs are yet to be uploaded to the CUEA YouTube channel.

The choir chairperson Francis Machoni, advised students to attend Thursday mass and

participate during the faculty and departmental animation of the mass. "Attending the school mass, not only nourishes the soul and spirit but also academic matters because it is a spiritual formation. I suggest that students should visit the CUEA Chaplaincy YouTube channel and listen to the songs keenly so that they can understand the sole purpose of soul searching. The Thursday mass and the songs will shed more light on their Christian life." He said.



The CUEA Holy Trinity Choir singing during a mass celebration.

Mr & Miss CUEA 2022/2023

BY BRIAN KWEYU & PHELIX OLOO

2nd year students pursuing BA in Kiswahili and Communication at CUEA



Mr. and Miss CUEA 2022/2023 pose for a photo after winning the awards.

Eugine was crowned Mr. CUEA while Joy was crowned Miss CUEA. Speaking to Journalismclub @CUEA TV, Eugene praised the school for hosting such events and encouraged other students to take advantage of them and shine in modeling. On the other hand, Miss Ambassador, while talking to our JournalismClub@CUEA TV reporter Brian Muli, classified CUEA as the best institution in terms of co-curriculum support.

On the CUEA dialogue show hosted by Brian Muli, she said that CUEA has produced many modeling students who are now representing the country in modeling. Joy was crowned Miss Ambassador of the year.

Students with modeling ambitions are encouraged to join the Modeling Club for mentorship.

The Catholic University of Eastern Africa is a private leading institution that engages its students in outside co-curriculum activities such as clubs and other events. In February 2023, CUEA hosted students' cultural week. The event was held to as well

select Mr. and Miss CUEA, Creativity, Popularity and CUEA Ambassador. We had different students from different faculties participating in the event but only a few emerged winners.

Cardinal Otunga Lecture and Fundraising 2022/2023

BY FREDRICK EKOMBE, MERCY MBATIA, MARY OKINDO, BRISHEL CHELANG'AT, PHOSTIN SIFUNA, BRIAN MUCHIRI & MIRIAM SETEIYO

2nd year students pursuing BA in Kiswahili and Communication at CUEA

The Cardinal Otunga Scholarship Fund programme was launched on September 29, 2005. The initiative was to honor and remember the work of our founding father and trustee, SOG Maurice Cardinal Otunga in his key role in the establishment of the university fund to support the

education of needy students at CUEA. The Scholarship Funds Steering Committee organizes the annual Cardinal Otunga Memorial Mass, lecture and fundraiser.

The process of the scholarship award starts with an application where a student fills a form issued by the dean of students office. The scholarship award committee reviews all the applications against the scholarship assessment criteria and shortlists the deserving applicants in the various categories based on the available resources. Allocation is

then approved by the vice chancellor, who awards the qualified applicants during the scholarship award ceremony. Students are always encouraged not only to apply for the scholarship but also to support the initiative by attending the public lecture and fundraising.

This semester, the lecture and fundraising took place at the LRC Auditorium. Some of the scholarship beneficiaries who are now the alumni include Jemimah Moragwa who serves now as an associate advocate.

Know your School President



CUEASO 2022/2023 President Henry Muriuki Muchangi

BY BRIAN KWEYU, KEILLY MAMAI, KEN ORANGI, ANITA KITA PURITY WAMBUI, GRACE NG'ANG'A, NOEL VERONIKA, ESTHER MUSEMBI & ANGELINE CHEBII

2nd year students pursuing BA in Kiswahili and Communication at CUEA

Who is Henry Muriuki Muchangi?

Just like Kenyan citizens get to know who their president is, The Catholic University of Eastern Africa students would also want to know who their president is; his personality and achievements. You might be a student with certain issues that need to be addressed by the school president but unfortunately you may not be knowing him and perhaps even where his office is located. JournalismClub@CUEA TV got to interact with the school president to help students know him better.

Henry Muchangi is a young, ambitious and enthusiastic student-leader who is

passionate about making an impact. He is an education student pursuing History and Religion. He is deeply concerned with student affairs and he strives to make CUEA a better place than anyone found it. He is humble, committed and an excellent performer in class. Additionally, he is spiritually proactive, a staunch catholic and a member of the University Choir.

President Henry Leadership Experience

Before taking over from Florence Njeri as the executive chairperson, Henry served in different positions and hence gained leadership experience.

He served in the following positions:

2022/23 - Chairperson, CUEA Peer Committee

2021/22 - Chairperson, Knowledge Ambassador

2021 - Chairperson, Holy Trinity

2020/21 - Chairperson, Clubs Committee

2020 - Treasurer, Clubs Committee

2019/20 - First years representative (SGC)

2019 - Class representative

His Achievements

He oversaw the revamping of all clubs from dormancy after the interruption by the Corona pandemic. Congratulations, CUEA president elect!

Protecting CUEA Environment

BY BRIAN KWEYU, LILIAN RAKUOM, VICTORIA WEKESA, MIKE KARIUKI, JANET MAYATON & KIPKORIR BRIAN
2nd year students pursuing BA in Kiswahili and Communication at CUEA

It's always advisable to keep the environment clean. Planting trees is one of the ways of fighting drought and attracting rain. CUEA is always keen when it comes to protecting and keeping the environment clean.

On November 17, 2022, CUEA in partnership with COP27, launched a tree planting initiative. The initiative was brought about in partnership with the department of Social Sciences and Development Studies. The institution's management, CUEASO executives and delegates attended the launch at AMECEA grounds, where they encouraged

students to plant trees and take care of the CUEA environment.

The Journalism Club participated in the tree planting, where members planted 30 trees behind Cardinal Otunga Hall. Dr. Rose Mavisi who is the

HOD Kiswahili and Communication, launched the planting session together with the club patron.

Let's all protect CUEA environment.



CUEA staff pose for a photo during a tree planting session.

Utamaduni wa Iteso

Na DIANA IKAAL

3rd year student pursuing BA in Kiswahili and Communication at CUEA

Wateso ni wanailotiki wanaopatikana katika nchi mbili za Afrika Mashariki. Nchini Kenya, wanapatikana katika gatuza la Busia na kule Uganda, wilaya za Tororo, Amuria, Bukedea, Butebo, Kaberamaido, Kapelebyong, Katakwi, Kumi, Ngora, Serere, Soroti, Bugiri, Pallisa na Busia ndiyo makao yao. Kiutamaduni, jamii hii yote inatawaliwa na mfalme mmoja almaarufu Papa Emorimor ambaye ana bunge na mawaziri kutoka pande zote, Kenya na Uganda.

Kiteso ndiyo lugha ya kabila hili. Hii ni lugha ya Kinilo-Sahara na ambayo ina mfanano wa karibu na Kiturukana. Asili ya Iteso inaaminika ni Sudan ingawa wanahistoria wengine wanasema ni Ethiopia. Mnamo karne ya 18, jamii hii ilisafiri na kujenga makao yao katika mashariki mwa Uganda na magharibi mwa Kenya.

Kama Wayahudi wa Bibilia walivyofanya huko Misri, jamii hii iliendeleza utamaduni wa kufukua mili ya wazee wa maboma kwa maziko ya pili bomani (ekutet). Waliaamini kwamba mzee alipoaga, roho yake (eparait) ilitorokea msituni ambako haikuwa na makao, vyakula na pombe. Roho kama hii kwa hivyo, iliendelea kuizuru jamii na kuihangaisha kwa kusababisha magonjwa, vifo na hata utasa. Mifupa yake ikifufuliwa na kurejeshwa bomani, ambapo itapewa vyakula na pombe, mapepo yataridhishwa na jamii itaishi kwa ufanisi.

Mifupa ilipangwa chini ya mti mkuu bomani ambapo vyakula na pombe vilipelekwa mara kwa mara. Utamaduni huu hata hivyo, umekatizwa na usasa.

CUEA Spiritual Services

BY FERDINAND MAJIMBO

3rd year student pursuing BA in Kiswahili and Communication at CUEA

Every spiritual movement in CUEA is active and working properly. The CUEA chaplaincy aims at offering a sound spiritual and moral development to every student and staff through liturgical, doctrinal, social and charitable outreach programs. Its main and core agenda is to build, develop and witness a living Christian community. Both minor and major spiritual and liturgical activities are included in the university calendar and programs.

Spiritual services

There is always a lovely and very active celebration of the sacrament. Opportunities are

granted to everyone who needs to prepare for and receive sacraments. The sacrament of confession is celebrated every Tuesday from 3 p.m. to 4 p.m. Anyone is allowed to request any priest within CUEA premises for such a service at any time of need. The Eucharist is also celebrated in the chapel. On week days it is celebrated at 7 a.m., 12 noon and 5:00 p.m. On Sunday, it is celebrated at 7:30 a.m. and 9:00 a.m.

At St. Clare and St. Bakhita hostels, the morning mass is celebrated at 6:45 a.m. There is no Eucharistic celebration at these premises on Sabbaths. On Thursday from 12:00 noon to 1:00 p.m., there is always a CUEA community mass. All classes and other functions are suspended. Faculties,

departments and different nations animate the mass on a rational basis. Regular retreats are conducted throughout the academic year. The liturgical sessions of the year, e.g., Advent, Christmas, Lent and Holy Week are always highlighted to foster spiritual growth and maturity in the Christian life. There is also adoration of the blessed Eucharistic at the Holy Trinity chapel every Wednesday from 3:00 p.m. to 4:00 p.m.

The grown up people faith formation sessions are conducted in Jubilee Hall room 14 as follows:

Wednesday, 5:00pm - 6:00Pm

Thursday, 5:00pm - 6:00pm

Saturday, 9:00am - 10:00am

Without forgetting, those interested in marriage instructions are always allowed to meet the chaplain on Tuesday between 9:00 a.m. and 11:00 a.m. at the chaplaincy office. The chaplain always avails himself for spiritual guidance or personal meetings and talks. He seeks to install a spirit of love, reconciliation and cooperation within the CUEA community.

All Students are helped to enhance their human, social and religious development



A congregation during a Mass celebration at The Catholic University of Eastern Africa.

through participating in the following movements of socio-religious nature:

The Focolare movement develops a sense of love, unity and social justice as a way to salvation.

The International Movement of Catholic Students is an evangelization movement that aims at giving witness and working for the poor and marginalized under the burner of the option of the poor.

The CUEA Choir is a committed group of students who contribute greatly to the liturgical celebrations by

promoting sacred music. Members of staff are also involved in the choir.

The Charismatic Prayer Group is composed of students interested in deepening their lives in the spirit through prayer and sharing the word of God.

The Young Christian Students Organization (YCS) unites students in diversity.

The Catholic University Christian Fellowship (CUCF) gathers Christian students for praise and worship. This fosters our spiritual growth. Students

meet every Wednesday at Jubilee Auditorium from 4:00 p.m. to 6:00 p.m.

Faculty of Theology

Muslims Association

Other groups are encouraged to operate if there are specific objectives that meet the needs of the students.

The chaplaincy organizes joint charity work for all the spiritual movements. CUEA students participate annually in the universal solidarity of helping the Holy Father's Apostolate especially in the most needy places through financial contributions.

Why CUEA?

1. Rich value-based holistic formation
2. Innovative and marketable graduates
3. Rich multi-cultural diversity of staff and students
4. Fully accreditation by the Commission for University Education, Kenya
5. Quality and relevant education
6. ISO 9001:2015 certified
7. Serene Campuses with free Wi-Fi Internet
8. Exciting in and out of class student experience
9. Dynamic physical and online learning system (Blended learning)
10. Flexible fee payment policy
11. Qualified and committed faculty and non-teaching staff
12. Adequate learning facilities
13. Flexible modes of study
14. Supporting welfare structures including partnerships with accommodation providers
15. International Students Office, Student restaurant, in-campus shops, an infirmary for basic health, sporting and recreation facilities
16. A fleet of buses to support academic, sports and social trips
17. Counselling, career guidance and mentorship programmes
18. Spiritual programmes for holistic and ethical formation
19. Innovation hub to incubate students' entrepreneurial ideas
20. Community service and strong academic linkages with industry for placements, practicums, attachments and pupilage
21. Rich Alumni network
22. Opportunity for progression from one level to another immediately after graduation
23. Safe and secure Campuses

A Message from the Clubs Department

BY DANIEL MWENDWA

3rd year student pursuing BED in English and Literature at CUEA

I wish to thank God for His sufficient grace to us. In a special way, I wish to thank the CUEA fraternity for according me the opportunity to serve as the Clubs and Societies Committee chairperson. I have been actively participating in several clubs in the institution, such as AYL, Rotaract, Haki Nawiri, Drama Club, Debate, Ajira among others. What I can say is that clubs play a crucial role in the development of a holistic learner who is enriched in cognitive abilities, skills, values and attitudes. Aligning with the school's vision, clubs provide non-formal education that aims at producing transformative leaders



Clubs and Societies Committee 2022/2023 Chairperson Daniel Mwendwa

for the church and society through giving students a chance to develop leadership skills. This happens both by taking up certain roles in the various clubs

as well as taking part in activities that enhance self-development and personal growth. Our school's mission integrates community service, which is well achieved through the avenues that clubs create for students. I urge all students to join a club or two whose vision and mission match their purpose of existence. Where their interests and talents can be well nurtured.

We, the clubs and societies Committee 2022/2023 are determined to ensure that all the clubs execute their objectives effectively.

May the Lord bless us all.

CUEA Law Firm

BY WAMBUI MWANGI

CUEA 2nd year student in the School of Law

The CUEA Law Firm Club is a non-profit club registered under the clubs and societies of The Catholic University of Eastern Africa. Established in 2019, the firm has a registered membership of 467 law students. Our mission is to promote spirit and unity throughout the school and improve the quality of communication and awareness among the students. We tend and hope to offer limitless opportunities for student leadership and participation beyond classroom setup and academic programs. This is done by providing a great platform to usher in the distinctive perspectives and life experiences that all students bring to the university. We strive to help in students' transformation and holistic development in a big way. We promote the shaping of students skills and make them truly life-ready.



CUEA Law Firm 2022/2023 Chairperson Wambui Mwangi

The CUEA Law Firm endeavors to engage in moot court competitions, debates, training, human right activism, community service, motivational speeches, seminars and worKShops as well as various activities that are beneficial to the members and students at large.

The club's patron is Ms. Esther Muchiri, a lecturer at The Catholic University of Eastern Africa.

Partners of the CUEA Law Firm

- i) The Catholic University of Eastern Africa.
- ii) Amnesty International.
- iii) Sheria Mtaani na Shadrack Wambui.
- iv) Africa Law Tech, Lawyers Hub.
- v) Transparency International.
- vi) EACC.
- vii) Office of the Attorney General.
- viii) JKUAT Legal Clinic.
- ix) Amka Africa.
- x) Makambo Makabila & Co. Advocates.
- xi) Centre for Rights Education and Awareness.

- xii) Initiative for Strategic Litigation in Africa.
- xiii) Latewa Community Group.

Activities Done by the CUEA Law Firm

- i) The firm has taken part in various moot court competitions.
- ii) The firm has taken part in various debate competitions, both internally and externally.
- iii) The firm organized a career day and a seminar that was held on June 22. The chief guest was Lady Justice Onyango, Judge ICJ.
- iv) The firm organized a legal aid program in Kamiti Juvenile Prison in July.
- v) The firm has organized moot court training.
- vi) The Firm has also visited various children homes and communities.

Catholic University Economic Students Association (CUEASA)

BY BRIAN M. KWEYU

2nd year student pursuing BA in Kiswahili and Communication at CUEA

CUEA has always maintained her good image both inside and outside the school. Whenever our students go

out to participate in any competition, they either win or take the second position.

Catholic
Economics
Association

University
Students
(CUESA)

participated in the National Economic Debate held at Kabarak University on 10th November 2022 and took the second position after Kenyatta University.

Journalism Club

BY BRIAN M. KWEYU

2nd year student pursuing BA in Kiswahili and Communication at CUEA



Journalism Club news anchors and reporters.

Greetings, CUEA community. I pass on my appreciation to the school administration for allowing journalism club to be part of CUEA's Clubs and Associations. The club is open to all students who want to grow in the world of journalism. Additionally, our club is meant to nurture the talents of CUEA students, increase the communication bond between students, student government and the administration. You are welcome to join us at any time of the day.

A Talk with Mr. CUEA

BY BRIAN M. KWEYU

2nd year student pursuing BA in
Kiswahili and Communication
at CUEA

Who is this Eugene that was crowned Mr. CUEA 2022?

I am a young man, a student at CUEA pursuing a degree program. I love modeling, and I started doing it at home. I even participated in Mr. Ongata Rongai, where I came out as the first runners-up.

When did you start modeling?

I can say that I started modeling back in high school. I just loved modeling back then, and that's when I developed a passion for modeling.

How was the feeling after being crowned Mr. CUEA?

No one goes for any competition and expects to lose. The competition was so tough. I had eight competitors who were eyeing the crown. But as for me, I expected a win because I had fully prepared for the competition. When I was declared a winner, I was happy but not surprised because being a winner was the least I expected from the judges.

What made the judges pick you?

I can say that, probably, when judges are picking a winner, they consider many things. They look at the costume, the introduction part and the cheering of the audience. During the competition, judges were looking at different costumes. One had to come up with costumes for different categories, such as dinner, etc. So I matched all the costumes in each category; I got the audience's cheers and probably that's how I won the crown.

Who is your role model on this journey?

Mentors and role models are many, but I can proudly say that my sister is my role model. She won Miss CUEA during her time at CUEA. I used to visit her, take a walk in the school and CUEA became my dream school. So after I joined, my sister became my role model up until now.

Do you find it difficult to balance modeling and academics?

You can't fail an exam and call yourself Mr. CUEA. As for me, I work hard because I know all eyes are on me. Modeling does not take much of my time, so I put more time in my studies to improve my grades.

How would you rate CUEA or tell people about CUEA when you attend other modeling competitions outside there?

I am always proud of CUEA. When I am out there, I brag about CUEA and I can proudly tell people outside there that I am a product of CUEA. As well, CUEA produces the best students in different fields. So I will rate my school 100%.

A word of advice to young boys and girls in CUEA?

To my brothers and sisters in CUEA, I can tell them that no one is limited but the sky alone. As long as you are alive, be yourself, believe in yourself, work hard and get a mentor in your area of specialization. You can also join the Modeling Club where you will get mentors like Joy, Stacy and others to walk with you.

Thank you for your time, Mr. CUEA. I am wishing you all the best in other competitions. Welcome again.

Start With Whatever Small Opportunity you Find

BY RUMENYA KONYI

Political Science student at CUEA

Many comments on the flipside hustle are from young Kenyans who have one complaint: "VC, we love your ideas; however, they are very untenable to most of us. To plant trees, one needs land; to raise chickens, one needs space and capital; and to build bedsitters, one needs finances. How does it help hustlers without such opportunities?" Very valid.

Now, the problem we have with the young people of today is that they lack mentorship. And it's not their fault. Mentors are the ones who need to reach out more. Young people rely on what we call *makanga economics*.

Makangas are the flashiest people in town. *Makangas* live better lives than their employers. Here's why. If a *makanga* plays a route, say Umoja to town daily, he can accurately predict how much he will earn per trip. If in a day he makes 2,000 KSh, he knows that the same amount will be replicated the next day and every day. Why? Because he is sure that every day his *matatu* will have passengers heading to and from town, come rain, come shine. So, the *makanga* can afford to blow his entire 2,000 KSh on alcohol the same day. He can eat a meal worth 1,950 KSh and buy milk worth 50 KSh every day because tomorrow he is guaranteed the same revenue.

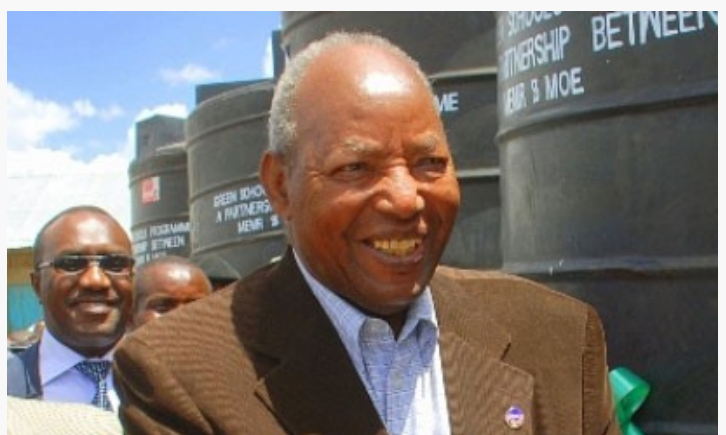
Now, non-*makangas* are also trying to live this life. An artist or any hustler makes money from any honest (or sometimes dishonest) hustle and blows the money, trusting in tomorrow. Very foolish. When innovation pushes you out, or when a pandemic like Covid arrives, that DJ who used to be guaranteed 50,000 KSh per weekend becomes rudderless and unable to meet his ends.

Therefore, before we start offering band-aid solutions, the first thing you need to learn is to

put aside money for investment. And by investment, there are many types of investments. Your most critical form of investment is one that earns you daily income.

The late Michuki started his hustle with a tiny fish and chips shop on Harambee Avenue decades ago. Despite rising through Kenyatta and Moi governments and later Kibaki to become a billionaire, owner of things such as Windsor, he never closed down his very first business, the fish and chips shop. This wasn't because he was sentimental about it, it was because it made business sense. I'll break it down for you.

Many years ago, a cousin of mine called Jack once approached his dad for money to start a cyber cafe. The dad was a former councilor and owned a good primary school. Being your usual hard-headed father, the dad told him to go make his own money. Jack was so dejected. One day, he was spending his time in his father's school trying to 'katia' a teaching practice damsel from KU. Jack was at that age right after college and there was nothing to do other than watch prison break and drink sapphire liqueur (legends will understand).



The late John Michuki who started his hustle with a tiny fish and chips shop in the CBD, Nairobi.

While in the schoolyard, the break time bell rang. Over 800 kids ran out to the school canteen to buy all manner of things. It was a boarding school. His aha moment arose. Jack went and sold his bike and bought a charcoal *jiko*, cooking oil, and flour. He called his drinking pal over and the two wise guys made *mandazis* the whole night. They made tasteless and shapeless *mandazis*. But they made 200 of them.

The next morning, he went to convince the shopkeeper to sell it them for him for a 20% commission. The *mandazis* sold out by 4 p.m. He made 8,000 KSh. He gave the shopkeeper 1,600 KSh. The shopkeeper had never made such a profit in one day.

Motivated, Jack repeated the process the next day. He made 6,400 KSh that day and the same was repeated in the following days. He told me that when he deducted the costs of supplies and bought his pal a drink per day, his profits were 5,000 KSh daily. Jack later increased his capacity and hired his girlfriend and they made 10,000 KSh daily from the *mandazis*. They were tasteless and shapeless, but the kids loved them.

Jack was able to make about 300,000 KSh per month for 3 months. He didn't touch a coin. His father still thought he was a lazy slob since half the time he was sleeping during the day. Well, it's because he was cooking all night.

Jack made about 1.7 million KSh that year from *mandazis*. He bought a piece of land next to his father's school. He planted cabbages and sukuma wiki on it and made a deal with the school bursar to supply the vegetables. He then built 10 *mabati* rooms for rentals and Jack Koros was able to open three cyber cafes and a taxi service based in Umoja. Today, Jack lives well in his own house in Kitengela. A legend! His father still doesn't know how his son made it.

Here's the story of Muasya whom I met years ago. As well, he was selling boiled eggs near the eastern bypass intersection at City Cabanas. He was a jolly fellow always up by 5 a.m. carting his

eggs trolley to the location. Many workers heading to the larger industrial area plus the pipeline area would walk past him every day.

Two things here. Opportunity and strategy. Jack saw an opportunity and seized it. His father didn't see it that's why he never built a bakery in the school. Muasya strategized his location and consistency and he earned himself enough to live better than most of the people.

Rumenya Konyi



One day, I passed by him while he was arguing with a lady client who accused him of shortchanging her. She was sure she had given him a 100 KSh note, while he insisted it was a 50 KSh note. To avoid drama, he gave her 200 KSh and told her to keep change. I later asked him why yet he needed the money. He laughed and said, "Brother, she probably earns a 20,000 KSh salary and pays a rent of 6,000 KSh. After deducting bills and food, she remains with 5,000 KSh a month; that's why she's walking. I make that in two days here. They look down on us because they think we are desperate."

Muasya sold six trays of boiled eggs daily. He bought an egg at 6 KSh and sold it for 20 KSh. He made a profit of 14 KSh. A tray had 30 eggs. Therefore, he made 2,520 KSh. He was a staunch Catholic, so his Sundays were occupied. In 26 days, he made 65,520 KSh.

Two things here. Opportunity and strategy. Jack saw an opportunity and seized it. His father didn't see it that's why he never built a bakery in the school. Muasya strategized his location and consistency and he earned himself enough to live better than most of the people. His dream was to buy a canter and carry goods. I'm sure he succeeded.

Start with whatever small opportunity you find. Even if you win a betting jackpot, invest it. This applies to everyone. If you start a sugar and salt kiosk in your neighborhood, build it up like a corporate entity. All you need to do is push to a target of 2,000 KSh profit per day. If your starting stock is worth 25,000 KSh, push yourself to sell a gross of 5,000 KSh a day. With a net profit of 2,000 KSh a day, you have 60,000 KSh a month. Be disciplined on it and your local microfinance will help you expand or scale it. You don't even need to, just maintain a steady net profit and you have yourself a salary. With that, you can strategize your growth.

When you're thinking of how to start chicken farming, trees, and bedsitters and have no capital, don't be bothered by that at all. First, ask yourself: How do I make a consistent 15,000 KSh a month? That can pay my bedsitter rent. Then, just hustle to make 500 KSh a day. Simple. The idea is to break it down to the basics. Start small. In one year, you'll see growth.

Michuki made about 200,000 KSh a day from that fish and chips shop in the CBD. That's approximately 6 million KSh a month, gross profit. He wasn't a billionaire for nothing.

CUEASO 2022/23 Government Will be the Best

BY EVERLYN NDUNGE MUTUKU

3rd year student pursuing BED in English and Literature at CUEA

The current government will turn out to be the best we have never had in many years. It's a government that consists of leaders who have been tried and tested. Not just people who woke up and thought of vying for different seats and by luck, got them. The current executives are leaders who have worked with previous regimes in different capacities and they turned out to be active and had the will of comrades at heart.

Our able President Hon. Henry Muchangi Muriuki once served as the clubs committee chair and at that time, the vibrancy and impact of the clubs in the institution was felt. Do you think that now when he is the president, there will be anything to hinder him from bringing that vibrancy back? Not just in clubs but in every other activity that goes on in the institution? I don't think anything will stand in his way. Before, Hon. Henry had many other achievements and let's expect many more to come in his regime.

The same case applies to other executive members. Just to mention a few, the publicity secretary has served as a HOD and also the secretary of the faculty of arts and social sciences. She has managed to come up with a very vibrant and important club, the Mental Health Club.

The Deputy Secretary General, Audrey Akinyi, has served as the vice chair of the Academic Affairs Committee. She worked tirelessly to make sure that all issues concerning academics were looked at keenly.

I can't mention them all. But I can assure you that this government is the change that CUEA has always wanted. Leaders who work closely with everyone. Leaders who accommodate all and listen to the grievances of their people and articulate them well to the relevant platforms and do a follow-up.

We made the right choice!

“ To be placed at CUEA was a great favour done to me. The one-year experience I have had at CUEA is a clear indication that I was not mistakenly placed at this university. In fact, this is the place that I deserve to be. It is a place where the foundation for nurturing my talent and interest in the field of journalism has been laid. I am fully guaranteed that after my four- year enrollment at this university, I will come out as a graduate whose reputation can be copied by the entire society. CUEA is the place to be. ”

Elizabeth Mwikali
(2nd year student at CUEA)

“ As I journey to finish my semester at this great institution, I realize that I could never have fully understood what university was like until I experienced it firsthand. Growing up, societal standards deemed joining a prestigious university the right path for any student. This was embedded in my mind from childhood and according to society, friends and family, I was going in the right direction, or so they thought.

It has been a bumpy ride, to be honest. I have faced challenges that I never thought I would face. I can't count how many times I have been late for classes or one or two times that I have missed my online classes and assignments due to the extra freedom I never got back in high school. Jokingly, I have no one to remind me or push me with a punishment. To be sincere, this made me realize what I saw in movies and had my friends say was not entirely what I would experience.

I also came to understand that what they say, 'Uni hakuna masomo' is just a phrase and nothing more. As a matter of fact, I have several assignments and CATS that I have to attend to and on time. As well, I have to strive not to miss my classes due to lesson attendance. I also had to change my cabinet clothes; 'Juu weeh' the dress code of CUEA would not allow certain types of clothes. There's no single day I would risk and bear the guards telling me 'rudi nyumbani'. In as much as I am trying to figure out how to find my way, I'm loving the stay here.

The bond between the staff and students is impressive. Moreover, I am loving the friends I'm meeting along the way, making new friends that I would want to keep the bond for a lifetime. I have a family here around me that ensures that we are meeting our needs and have a better bright future.

All in all, I love my experience at CUEA and am looking forward to finishing my course and become a better person and that is what CUEA is great at.

I will always choose CUEA whenever I am given another opportunity to do so. ”

Daisy Ouma
(Student at the School of Business
and Economics)

Back With Vigour

BY MURIITHI MILLICENT,
MERCY ATIENO, EVA NKATHA,
ANN KOIYAN, MICHELLE NA-
KHUMICHA, PAULINE
MWENDE, BRIAN MARU, MO-
HAMED ALI, ERICK KIPSANG,
SHARON WAMBUI & GLEN
OBARE

2nd year students pursuing BA in
Kiswahili and Communication at
CUEA

The year 2022 was a continuation of fixtures that commenced in 2021 after a break due to the COVID-19 pandemic, where we observed all safety protocols as laid down by the government. The CUEA sports team has participated in the usual Kenya Universities Sports

Association Leagues in basketball and handball games. Both men and women in these games posted average results.

The CUEA football team was part of the Karen Community League. The team was eliminated at the semifinals stage. The Monks took part in the KUSA 15 (a side championship league) from October 2021 to April 2022. They finished as the runners-up and as a result, got promoted to the coveted Kenya Cup League for the season.

The Monks played the UON and TUM legs out of 5 and were overall champions in the two plus and were crowned 3rd overall in the neighboring community. CUEA has also developed a partnership with Dagoretti High school and Nkaimurunya secondary school. Additionally, CUEA has also launched a women's football team which has been doing well from the outset. It played last week at UON against TUK. Men's football team is also doing great as it played against Marist International University and won 2-1



CUEA Women
Football Team
pose for a
photo.

Memes

**Ndio kuingia na vitu freshi
Uceleb haitaki mapumziko**



Me after studying 5 mins:



atleast I've studied, there are some people who didn't even open their books!

I appreciate everyone
who steals my
status
I will always help
the needy...



**Mama mboga ameniambia
pia soda haijaangi 🤔🤔🤔🤔**



Will i end the semester or will the semester end me? stay tuned!

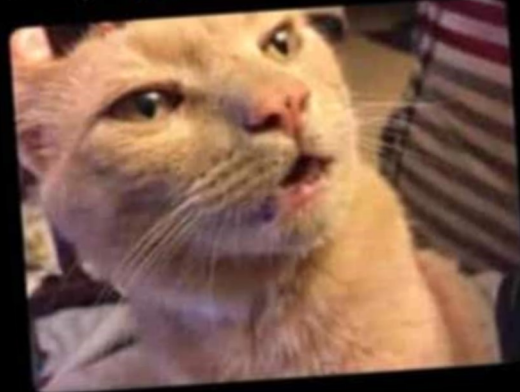
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@SheddyToti

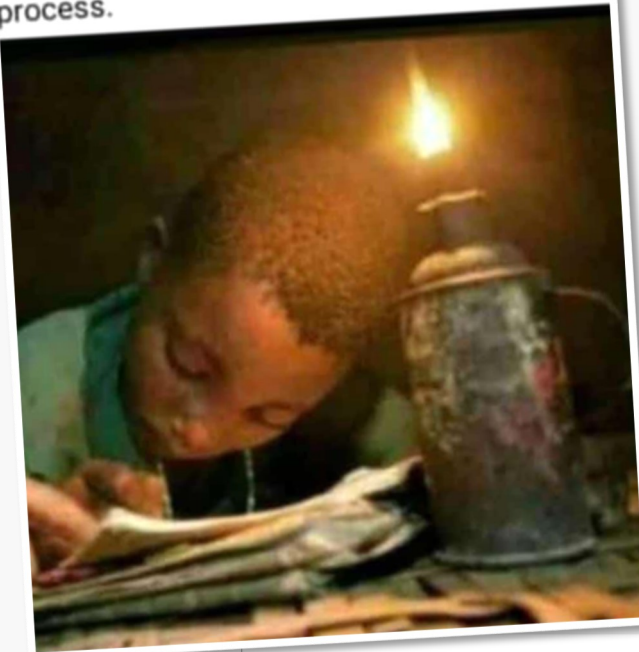
Tukiwapigia kelele highscool
mlikuwa mnahamia ile class
haina watu 😂😂😂

Ati "nimekupenda venye uko" Kwani niko aje? 🤔🤔🤔

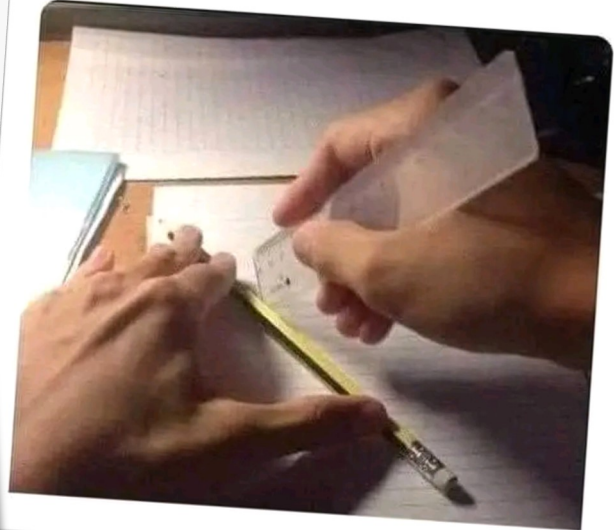


Memes

It all started this way,,,,Still trusting the process.



me when someone is looking at me while i'm doing something



Past ya dem achana nayo kama hujui.. Because if she becomes honest with you about it, bro you won't handle.. Their past is always ugly.. You just pray that not many people know about it.

Me thinking about my life when the phone is charging 🙄🙄



Rich kid ananitembelea nampea sturungi anasema I don't do wine maybe water,thank God hakuonja



Compiled by Brian M. Kweyu

A 2nd year pursuing BA in Kiswahili and Communication at CUEA



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TheCatholicUniversityOfEasternAfricaCuea